

SPINAL INJURIES ASSOCIATION



VOLUNTEER FORWARD CONTRIBUTOR

Spinal Injuries Association (SIA) is a national charity dedicated to helping the 40,000 spinal cord injured people in the UK rebuild their lives. Volunteers are a fundamental part of SIA and we are pleased to offer this exciting opportunity!

AIM OF THE ROLE

Do you enjoy writing? Are you happy to share your knowledge and experiences of living with spinal cord injury? Could you spare a bit of time on an ad hoc basis assisting our busy publications department?

We are looking to recruit a bank of volunteers who have specialist knowledge in particular areas of spinal cord injury, and who can help contribute to the quality and quantity of information we provide people through our magazine, **FORWARD**.

FORWARD magazine is a platform for people to share their knowledge, experience and personal stories of living with spinal cord injury. The magazine features a variety of key topics, including being a walker, continuing healthcare funding, campaigning, parenting, returning to work, and bladder and bowel management. Your contribution will ensure the magazine remains relevant and representative of our readership, and upholds our values as a user-led charity.

We encourage families and friends to apply for this role as well as spinal cord injured people, as experiences from family members are equally as important to our wider membership.

Volunteers will be fully supported in their role via the Publications Manager, Breda Duggan, and HR and Volunteer Coordinator, Jen Sims.

TASKS AND RESPONSIBILITIES

- Volunteers will be asked to support and contribute to **FORWARD** on an ad hoc basis with written articles on a variety of subjects.
- Volunteers will be responsible for ensuring they keep in close communication with the Publications Manager as well as meet the agreed deadline/s.
- Volunteers will be happy to share their experiences in a positive manner.

Please have a look at our website for further information about **FORWARD** - <https://www.spinal.co.uk/learn/our-magazine/>

Aim of role	Support and Assist the Publications Manager
Role Title	Volunteer FORWARD Contributor
Start date	ASAP
Time commitment	This is an ad hoc role
Location	Home based role, or if you are local to Milton Keynes we would welcome you to our head office.
Skills/experience/resources	<ul style="list-style-type: none"> • A good communicator and able to present information in an appealing and informative way • Be able to meet deadlines when requested • Someone who is interested in making a difference • Excellent attention to detail • Reliable and trustworthy • Someone who is interested in publications and writing (not essential) • Someone who is happy to share their own personal experiences with our FORWARD readers • Access to a computer is necessary if volunteering remotely and not in our head office.
What we can offer you	<ul style="list-style-type: none"> • Help develop new and enhance current skills, while building confidence • Work experience to add to your CV • The opportunity to meet new people • A creative way to give back to the SIA community • Relevant training • Ongoing support.

In order to do this role you will need to be an SIA member. It is important our volunteer contributors are aware of what is going on in the SIA community. If you are not a current member you can join [online](#) where you can also read about the benefits of SIA membership, or by calling our membership hotline 01908 208541.

If you are interested please can you provide a short bio on yourself and why this role appeals to you. Please send your bio to HR and Volunteer Coordinator Jen Sims j.sims@spinal.co.uk or if you would like to discuss this role please call 01908 604191 ex 205.